

Grocery List

Date: 7/30/2010

Done?	Produce	Price	Quantity	Brand
✓	Strawberries	\$2.99	1 lb.	Driscoll's Organic
✓	Blueberries	\$2.00	pint	Stemilt Blues
✓	Cantaloupe	\$0.77	1 lb.	Golden Treat U.S.A.
✓	Bananas	\$1.04	1.5 lbs.	Dole
✓	Tomatoes	\$1.50	1 lb.	Houweling's Hot House
	Apples	\$1.29	1 lb.	Braeburn
✓	Avocado	\$1.54	2	U.S.A.
	Bag Salad	\$2.99	1 bag	Ready Pac Caesar

Done?	Dairy	Price	Quantity	Brand
✓	Milk (Skim)	\$3.99	1 gal.	Alta Dena
✓	Milk (Whole)	\$1.69	1 qt.	Alta Dena
✓	Cheese	\$2.71	.68 lb.	Frazier Farms Shredded Cheddar
	Eggs	\$2.50	doz.	Cal. Sunshine AA Lg. Cage Free
✓	Provolone	\$1.12	10 slices	Frazier Farms Deli
✓	Butter product	\$3.89	13 oz.	Earth Balance w/Olive Oil
✓	Grated Parmesan	\$2.24	.32 lb.	Frazier Farms Deli

Done?	Meat	Price	Quantity	Brand
✓	Beef	\$3.56	1.02 lb.	Frazier Farms 9% Grd. Sirloin
✓	Poultry	\$7.10	1.03 lb.	Jidori Free Range Nat. Chick Tendr
✓	Seafood	\$7.99	1 lb.	USA Fresh Wild Coho Salmon
✓	Lunch meat	\$4.76	.53 lb.	Dietz & Watson Maple Turkey
✓	Lunch meat	\$5.99	.5 lb.	Applegate Organic Salami

Done?	Drinks	Price	Quantity	Brand
✓	Soda	\$1.19	1 liter	Crystal Geyser Sparkling Lime
✓	Orange Juice	\$3.50	1.75 liters	Simply Orange not from Conc.
	Coffee	\$8.49	1 lb.	Premium bulk coffee
✓	Water (gallon)	\$1.09	2 gal.	Ramona Distilled
	Water (6 pk)	n/a	n/a	didn't carry

Done?	Frozen Food	Price	Quantity	Brand
✓	Mixed Vegetables	\$2.89	10 oz.	Cascadian Farms Organic
✓	Rice Pilaf	\$4.39	4 servings	Rice Expressions

Done?	Prepared food	Price	Quantity	Brand
	Soup	\$2.89		Amy's Organic
✓	Cereal	\$3.49	15 oz.	Kashi Go Lean Crunch
✓	Cereal	\$4.89	10.4 oz.	Cascadian Farms Honey Nut O's
✓	Apple Sauce	\$3.49	6 pk.	Santa Cruz Organic
	Spaghetti Sauce	\$3.99		Silver Palate Marinara
✓	Mac n Cheese	\$2.59	1 pkg.	Annie's Organic

Done?	Bakery	Price	Quantity	Brand
✓	Bread	\$4.29	1 loaf	Oroweat 100% Whole Wheat
✓	Buns	\$2.00	8 pk.	Nature's Own Wheat
	Tortillas	\$2.69	doz.	La Fe Flour Tortillas

Done?	Snacks	Price	Quantity	Brand
✓	Tortilla Chips	\$5.89	16 oz.	Xochitl (Premium)
✓	Traill Mix	\$5.03	1.2 lbs.	Bulk Deluxe Nut Mix
✓	Ice cream	\$5.39	1.5 qts.	Alden's Organic
✓	Popcorn	\$3.49	1 box	Newman's Own 94% Fat Free
✓	Cookies	\$3.99	2 dozen	Frazier Farms "Homemade"