

# Grocery List

Date: 7/30/2010

Done?	Produce	Price	Quantity	Brand
✓	Strawberries	\$2.99	1 lb.	Driscoll's Organic
✓	Blueberries	\$2.00	pint	Stemilt Blues
✓	Cantaloupe	\$0.77	1 lb.	Golden Treat U.S.A.
✓	Bananas	\$1.04	1.5 lbs.	Dole
✓	Tomatoes	\$1.50	1 lb.	Houweling's Hot House
	Apples	\$1.29	1 lb.	Braeburn
✓	Avocado	\$1.54	2	U.S.A.
	Bag Salad	\$2.99	1 bag	Ready Pac Caesar

Done?	Dairy	Price	Quantity	Brand
✓	Milk (Skim)	\$3.99	1 gal.	Alta Dena
✓	Milk (Whole)	\$1.69	1 qt.	Alta Dena
✓	Cheese		.68 lb.	Frazier Farms Shredded Cheddar
	Eggs	\$2.50	doz.	Cal. Sunshine AA Lg. Cage Free
✓	Provolone	\$1.12	10 slices	Frazier Farms Deli
✓	Butter product	\$3.89	13 oz.	Earth Balance w/Olive Oil
✓	Grated Parmesan		.32 lb.	Frazier Farms Deli

Done?	Meat	Price	Quantity	Brand
✓	Beef	\$3.56	1.02 lb.	Frazier Farms 9% Grd. Sirloin
✓	Poultry	\$7.10	1.03 lb.	Jidori Free Range Nat. Chick Tende
✓	Seafood	\$7.99	1 lb.	USA Fresh Wild Coho Salmon
✓	Lunch meat	\$4.76	.53 lb.	Dietz & Watson Maple Turkey
✓	Lunch meat		.5 lb.	Applegate Organic Salami

Done?	Drinks	Price	Quantity	Brand
✓	Soda	\$1.19	1 liter	Crystal Geyser Sparkling Lime
✓	Orange Juice	\$3.50	1.75 liters	Simply Orange not from Conc.
	Coffee	\$8.49	1 lb.	Premium bulk coffee
✓	Water (gallon)	\$1.09	2 gal.	Ramona Distilled
	Water (6 pk)	n/a	n/a	didn't carry

Done?	Frozen Food	Price	Quantity	Brand
✓	Mixed Vegetables	\$2.89	10 oz.	Cascadian Farms Organic
✓	Rice Pilaf	\$4.39	4 servings	Rice Expressions

Done?	Prepared food	Price	Quantity	Brand
	Soup	\$2.89		Amy's Organic
✓	Cereal	\$3.49	15 oz.	Kashi Go Lean Crunch
✓	Cereal		10.4 oz.	Cascadian Farms Honey Nut O's
✓	Apple Sauce	\$3.49	6 pk.	Santa Cruz Organic
	Spaghetti Sauce	\$3.99		Silver Palate Marinara
✓	Mac n Cheese	\$2.59	1 pkg.	Annie's Organic

Done?	Bakery	Price	Quantity	Brand
✓	Bread	\$4.29	1 loaf	Oroweat 100% Whole Wheat
✓	Buns	\$2.00	8 pk.	Nature's Own Wheat
	Tortillas	\$2.69	doz.	La Fe Flour Tortillas

Done?	Snacks	Price	Quantity	Brand
✓	Tortilla Chips	\$5.89	16 oz.	Xochitl (Premium)
✓	Trail Mix	\$5.03	1.2 lbs.	Bulk Deluxe Nut Mix
✓	Ice cream	\$5.39	1.5 qts.	Alden's Organic
✓	Popcorn		1 box	Newman's Own 94% Fat Free
✓	Cookies	\$3.99	2 dozen	Frazier Farms "Homemade"

\$118.00

You can use this Grocery List to help you keep track of the things you need to buy.

Add to or modify the items on the list to personalize it before you go shopping.

Then you can either print the list and check off each item by hand as you purchase it, or you can type the letter **a** in the **Done?** column of boxes to make a check mark appear.

If you continue to work with this list on your computer, you can use the **AutoFilter** feature of Excel to quickly identify the tasks you have done or that you still need to complete. In the **Done?** column, click the black triangle to view filtered lists.

#### To see filtered lists:

To see a list of items that are not completed and still need to be checked off, select **(Blanks)** in the drop-down menu.

To see a list of items that are checked off, select **a** in the drop-down menu.

To see all the tasks again, select **(All)** in the drop-down menu.

When you are finished using these instructions, delete this text box by selecting it and pressing the **DELETE** key.