Grocery List

Date: 8/10/2010

Done?	Produce	Price	Quantity	Brand
	Strawberries	$1.50	16 oz.	Beach Street Farms
	Blueberries	$1.50	4 oz.	Curry & Co. USA
	Cantaloupe	$0.88	1 lb.	King Crow
	Bananas	$1.04	1.5 lb.	Chiquita
	Tomatoes	$1.99	10 oz.	Veg-Fresh Grape USA
	Apples	$1.49	1 lb.	Braeburn
	Avocado	$3.00	2	USA
	Bag Salad	$2.69	1	Fresh Express Caesar
	Large Tomatoes		1 lb.	USA Vine Ripened

Done?	Dairy	Price	Quantity	Brand
	Milk (Skim)	$3.99	1 gal.	Alta Dena Skim
	Milk (Whole)	$1.59	1 qt.	Alta Dena Whole
	Cheese		.39/lb.	Henry's Shredded Cheddar
	Eggs	$3.99	1 doz.	Organic Valley Cage Free Brown
	Butter product	$3.99		Earth Balance
	Provolone	$5.99	10 slices	Organic Valley

Done?	Meat		Quantity	Brand
	Beef	$4.03	1.01 lb.	Pacific Pastures Grass-fed Hamb.
	Poultry	$6.99	1 lb.	Rosie's Free Range Organic
	Seafood	$7.99	1 lb.	Fresh Wild Coho Salmon
	Lunch meat	$4.41	.5 lb.	Dietz/Watson Honeycured Turkey
	Lunch meat		4 oz.	Columbus Genoa Salami

Done?	Drinks		Quantity	Brand
	Soda	$0.99		Crystal Geyser Sparkling
	Orange Juice	$3.50		Simply Orange Pulp Free
	Coffee	$8.99	1 lb.	Bulk Premium
	Water (gallon)	$1.39	1 gal.	Arrowhead Distilled
	Water small bottles		6	Crystal Geyser individual bottles

Done?	Frozen Food		Quantity	Brand
	Broccoli	$2.99	16 oz.	Sun Harvest - Florets
	Rice Pilaf	$4.69	4 servings	Rice Expressions

Done?	Prepared food		Quantity	Brand
	Soup	$2.99	14.5 oz. can	Amy's Organic
	Cereal	$3.49	15 oz.	Kashi Go Lean Crunch
	Apple Sauce	$4.59	6 pk.	Santa Cruz Organic
	Spaghetti Sauce	$2.99	24 oz.	Sun Harvest Tomato Basil
	Mac n Cheese	$1.25	1 box	Annie's

Done?	Bakery		Quantity	Brand
	Bread	$4.99	1 loaf	Oroweat 100% Whole Wheat
	Buns	$3.19	6 ct.	Henry's Organic Hamburger buns
	Tortillas	$2.19	1 doz.	La Fe Flour Tortillas

Done?	Snacks		Quantity	Brand
	Tortilla Chips	$3.00	16 oz.	Garden of Eatin'
	Trail Mix	$4.59	1 lb.	Deluxe Nut Mix (Bulk)
	Ice cream	$5.99		Alden's Organic
	Popcorn			Newman's Own
	Cookies	$3.99	1 doz.	Henry's Oatmeal Raisin

$122.86